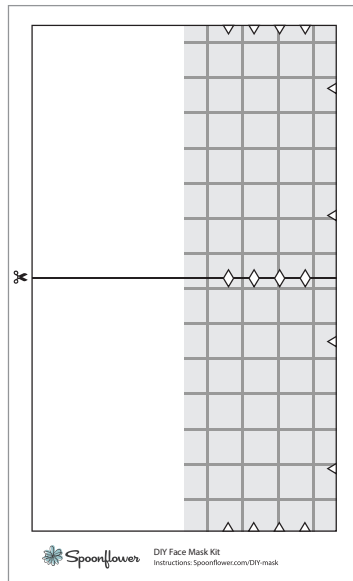




## INSTRUCTIONS

# DIY Face Mask Kit



### MATERIALS

#### Included in the Kit:

- 1 DIY fabric mask kit  
(makes two adult masks)
- 4 yards twill tape  
(2 yards per mask) OR  
54" elastic

#### You need:

- Sewing machine
- Thread
- Scissors or Rotary cutter
- Pins
- Iron

### PREP:

1. **Prewash fabric** and iron on unprinted side.
2. **Cut fabric along outer lines**, each piece measuring about 9.5" x 11.5" post wash/dry  
**TIP:** Using the side notches, you can press the pleats in place now for easy reference at step 6. Unfold pleats for steps 1-5.

3. **For twill tape construction:**

Cut twill tape into four 18" lengths per mask.

**For elastic construction:**

Cut one 12" piece for the top and one 10" piece for the bottom per mask **OR** check your personal measurements before cutting. Mark 12" on the elastic and stretch from the side of your cheek, across your crown, to the opposite cheek. Adjust accordingly. Repeat for the lower strap by marking 10" on the elastic and stretching from your jaw, around the back of your neck, to your opposite side. You have 27" of elastic per mask to work with.

*Sewing for someone else? Check the sizing recommendations on page 3.*

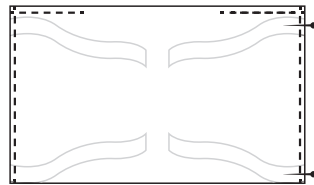
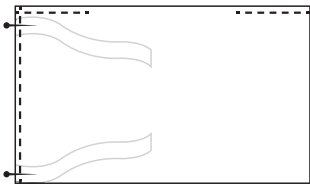
## ASSEMBLY:



1. Fold fabric in half where the printed face and blank lining meet, with right sides together, matching the top and bottom edges.



2. On the top cut edge, sew from edge to the first notch with a  $\frac{1}{4}$ " seam allowance, backstitching at the notch. Repeat for the other side. This will leave the center unsewn and open for turning your mask right side out later.

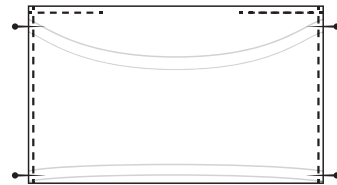


### 3. For twill tape construction:

Place 2 pieces of twill tape inside the fabric tube, still right sides together. One will be sewn into the very top of the side seam and the other into the very bottom of the side seam. The ends of the twill tape will align with the edge of the fabric. Pin in place. Sew side seam with a  $\frac{1}{4}$ " seam allowance, backstitching at both ends.

**Repeat for the other side**, making sure not to catch the other straps.

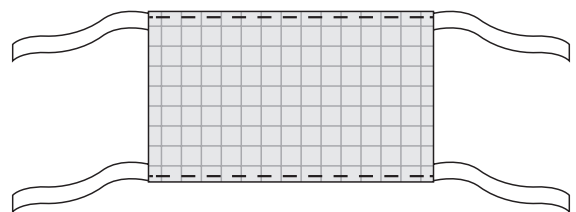
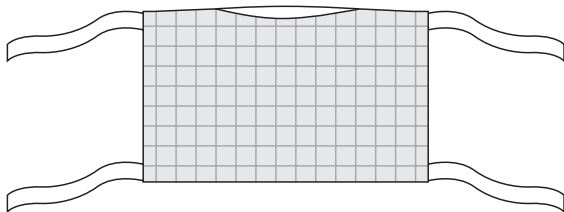
**TIP:** you can pull the first set of straps through the opening at the top to keep them out of the way.



### For elastic construction:

Place elastic inside the fabric tube, still right sides together. The longer elastic should be pinned in place at the top of the side seams and the shorter elastic should be pinned in place at the bottom. (If your bottom elastic is shorter than the width of the mask, it will cause a slight fold on the bottom). The ends of the elastic will align with the edge of the fabric. Sew side seam with a  $\frac{1}{4}$ " seam allowance, backstitching at both ends.

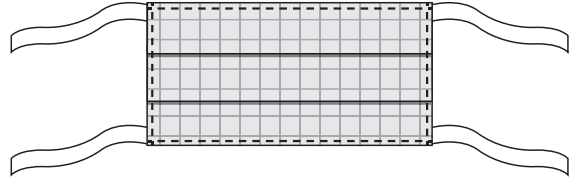
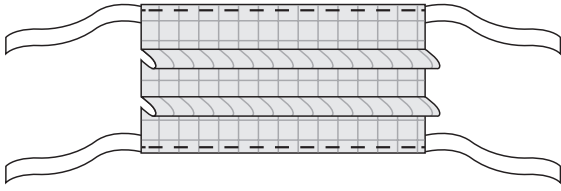
**Repeat for the other side**, making sure straps are not crossed.



4. Turn right side out through the opening, using the straps to pull corners into place. Press flat, making sure the seam allowance from the opening is pressed inside the mask. *(Elastic version: The following steps are easier if you flip the elastic towards the front of the mask)*

5. Edge stitch at  $\frac{1}{8}$ " on the top and bottom, backstitching at both ends. This will close the opening.

### ASSEMBLY:



6. Fold two  $\frac{1}{2}$ " pleats, using notches for reference, across the width of the mask. Press pleats toward the bottom. The mask should now measure roughly 9" x 3". Sew pleats in place by stitching along the side at  $\frac{1}{4}$ " seam allowance, backstitching at both ends. (*Elastic version: You should now flip the elastic to the back*)

### Your mask is done!

This mask can be used and laundered multiple times.

### GUIDELINES FOR SIZING DOWN:

	Fabric Size	Twill Tape	Elastic
Adult	Cut full width & height	4 @ 18"	Top: 12" Bottom: 10"
Teen	Cut 8" wide & full height	4 @ 17"	Top: 11" Bottom: 9"
Child	Cut 7.5" wide & 10" tall	4 @ 16"	Top: 10" Bottom: 8"
Toddler	Cut 6.5" wide & 10" tall	4 @ 15"	Top: 10" Bottom: 8"